

**INTERNAL VETERANS AFFAIRS USE**  
**SYSTEMIC LUPUS ERYTHEMATOSUS (SLE) AND OTHER AUTOIMMUNE DISEASES DISABILITY BENEFITS QUESTIONNAIRE**

NAME OF PATIENT/VETERAN

PATIENT/VETERAN'S SOCIAL SECURITY NUMBER

**NOTE TO EXAMINER** - The Veteran/Claimant is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the Veteran's claim.

IS THIS DBQ BEING COMPLETED IN CONJUNCTION WITH A VA21-2507, C&P EXAMINATION REQUEST?

YES  NO

If "No," how was the examination completed? (check all that apply):

In-person examination

Records reviewed

Other, please specify:

Comments:

**ACCEPTABLE CLINICAL EVIDENCE (ACE)**

INDICATE METHOD USED TO OBTAIN MEDICAL INFORMATION TO COMPLETE THIS DOCUMENT:

Review of available records (without in-person or video telehealth examination) using the Acceptable Clinical Evidence (ACE) process because the existing medical evidence provided sufficient information on which to prepare the DBQ and such an examination will likely provide no additional relevant evidence.

Review of available records in conjunction with a telephone interview with the Veteran (without in-person or telehealth examination) using the ACE process because the existing medical evidence supplemented with a telephone interview provided sufficient information on which to prepare the DBQ and such an examination would likely provide no additional relevant evidence.

Examination via approved video telehealth

In-person examination

**EVIDENCE REVIEW**

EVIDENCE REVIEWED (check all that apply):

Not requested

VA claims file (hard copy paper C-file)

VA e-folder

CPRS

Other (please identify other evidence reviewed):

No records were reviewed

EVIDENCE COMMENTS:

**SECTION I - DIAGNOSIS**

1A. DOES THE VETERAN HAVE A SYSTEMIC OR LOCALIZED AUTOIMMUNE DISEASE, INCLUDING SYSTEMIC LUPUS ERYTHEMATOSUS (SLE)? (This is the condition the Veteran is claiming or for which an exam has been requested)

YES  NO

1B. IF YES, SELECT THE VETERAN'S CONDITION:

- Autoimmune polyglandular syndrome ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If this condition affects multiple endocrine glands, ALSO complete appropriate questionnaire(s) for those conditions)*
- Diabetes Mellitus Type I ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If checked, complete Diabetes Questionnaire in lieu of this questionnaire)*
- Discoid lupus erythematosus ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If checked, ALSO complete Skin Diseases Questionnaire)*
- Goodpasture's syndrome ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If this condition affects the lungs or kidneys, ALSO complete appropriate questionnaire(s) for those conditions)*
- Guillain-Barre syndrome ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If this condition affects the nervous system, ALSO complete appropriate questionnaire(s) for those conditions)*
- Polymyalgia rheumatica ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If this condition affects large muscle groups, ALSO complete appropriate questionnaire(s) for those conditions)*
- Rheumatoid arthritis (RA) and Juvenile RA (JRA) ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If this condition affects the joints, lungs or skin, ALSO complete the appropriate questionnaire(s) for those conditions)*
- Scleroderma ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If this condition affects the skin, lungs or intestines, ALSO complete the appropriate questionnaire(s) for those conditions)*
- Sjögren's syndrome ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If this condition affects the salivary glands, lacrimal glands, joints or kidneys, ALSO complete the appropriate questionnaire(s) for those conditions)*
- Subacute cutaneous lupus erythematosus ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_
- Systemic lupus erythematosus ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_
- Temporal arteritis/Giant cell arteritis ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_
- Wegener's granulomatosis ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
*(If this condition affects the blood vessels, sinuses, lungs or kidneys, ALSO complete the appropriate questionnaire(s) for those conditions)*
- Other, specify  
Other diagnosis #1: \_\_\_\_\_ ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_  
Other diagnosis #2: \_\_\_\_\_ ICD Code: \_\_\_\_\_ Date of diagnosis: \_\_\_\_\_

1C. IF THERE ARE ADDITIONAL DIAGNOSES THAT PERTAIN TO AUTOIMMUNE DISEASES, LIST USING ABOVE FORMAT:

*For all checked diagnoses, ALSO complete additional DBQ's as appropriate to fully describe effects of the condition.  
If the Veteran has been diagnosed with HIV, complete the HIV Questionnaire in lieu of this questionnaire.  
If the Veteran has been diagnosed with Diabetes Mellitus Type I, complete the Diabetes Questionnaire in lieu of this questionnaire.*

**SECTION II - MEDICAL HISTORY**

2A. DESCRIBE THE HISTORY (including onset and course) OF THE VETERAN'S AUTOIMMUNE DISEASE, INCLUDING SLE (brief summary):

2B. OVER THE PAST 12 MONTHS, HAS THE VETERAN'S TREATMENT PLAN INCLUDED ORAL OR TOPICAL MEDICATIONS FOR ANY AUTOIMMUNE DISEASE OR AUTOIMMUNE DISORDER-RELATED SKIN CONDITION, INCLUDING SYSTEMIC, CUTANEOUS OR DISCOID LUPUS?

YES  NO

*(If "Yes," check all that apply):*

- Oral corticosteroids  
*(If checked, list medications):*

\_\_\_\_\_  
*(Specify the condition medication is used for):*

Total duration of medication use in past 12 months?

< 6 weeks  6 weeks or more, but not constant  Constant/near-constant

**SECTION II - MEDICAL HISTORY (Continued)**

2B. OVER THE PAST 12 MONTHS, HAS THE VETERAN'S TREATMENT PLAN INCLUDED ORAL OR TOPICAL MEDICATIONS FOR ANY AUTOIMMUNE DISEASE OR AUTOIMMUNE DISORDER-RELATED SKIN CONDITION, INCLUDING SYSTEMIC, CUTANEOUS OR DISCOID LUPUS? *(Continued)*

Other immunosuppressive medications

*(If checked, list medications):*

\_\_\_\_\_  
*(Specify the condition medication is used for):*

Total duration of medication use in past 12 months?

< 6 weeks     6 weeks or more, but not constant     Constant/near-constant

Immunosuppressive retinoids

*(If checked, list medications):*

\_\_\_\_\_  
*(Specify the condition medication is used for):*

Total duration of medication use in past 12 months?

< 6 weeks     6 weeks or more, but not constant     Constant/near-constant

Topical corticosteroids

*(If checked, list medications):*

\_\_\_\_\_  
*(Specify the condition medication is used for):*

Total duration of medication use in past 12 months?

< 6 weeks     6 weeks or more, but not constant     Constant/near-constant

Other oral or topical medications used for an autoimmune condition

*(If checked, list medications):*

\_\_\_\_\_  
*(Specify the condition medication is used for):*

Total duration of medication use in past 12 months?

< 6 weeks     6 weeks or more, but not constant     Constant/near-constant

2C. INDICATE STATUS OF THE VETERAN'S AUTOIMMUNE DISEASE, INCLUDING SLE:

ACUTE

CHRONIC

OTHER *(describe):*

2D. DOES THE VETERAN HAVE EXACERBATIONS OF AN AUTOIMMUNE DISEASE, INCLUDING SLE?

YES     NO *(If "Yes," describe exacerbations (brief summary)):*

Indicate average frequency of exacerbations per year:

0     1     2     3     More than 3 exacerbations per year

Indicate average duration of symptoms during each exacerbation:

Lasting less than one week

Lasting a week or more

Other *(describe):*

2E. DOES THE VETERAN'S AUTOIMMUNE DISEASE, INCLUDING SLE CURRENTLY PRODUCE SEVERE IMPAIRMENT OF HEALTH?

YES     NO *(If "Yes," describe the severe impairment of health):*

**SECTION III - CUTANEOUS MANIFESTATIONS**

3A. DOES THE VETERAN HAVE ANY CUTANEOUS MANIFESTATIONS OF AN AUTOIMMUNE DISEASE, INCLUDING SYSTEMIC, CUTANEOUS OR DISCOID LUPUS ERYTHEMATOSUS?

YES  NO (If "Yes," complete the following section):

3B. Specify the cutaneous manifestations (check all that apply):

- Discoid lupus erythematosus
- Subacute cutaneous lupus erythematosus
- Other, describe: \_\_\_\_\_

3C. Indicate areas affected by cutaneous manifestations (check all that apply):

- Malar rash over bridge of nose and bilateral cheeks, sparing nasolabial folds
- Cheeks (If checked, specify which side):  Right  Left  Both
- Ears (If checked, specify which side):  Right  Left  Both
- Nose  Hands
- Chin  Feet
- Lips and mouth, causing ulcers and scaling  Scalp, causing scarring alopecia
- Other body areas, specify location: \_\_\_\_\_

**Note:** For all checked boxes, describe cutaneous manifestations: \_\_\_\_\_

3D. Indicate approximate TOTAL body area affected by cutaneous manifestations of an autoimmune disease on current examination:

- None  < 5%  5% to < 20%  20% to 40%  > 40%

3E. Indicate approximate total EXPOSED body area (face, neck and hands) affected by cutaneous manifestations of an autoimmune disease on current examination:

- None  < 5%  5% to < 20%  20% to 40%  > 40%

3F. Do the cutaneous manifestations of the autoimmune disease cause scarring alopecia?

- Yes  No (If "Yes," indicate percent of scalp affected):  < 20%  20% to 40%  > 40%

3G. Does the Veteran have any scars or other disfigurement (of the skin) related to any conditions or to the treatment of any conditions listed in the diagnosis section?

- Yes  No

(If "Yes," also complete appropriate Dermatological DBQ)

3H. COMMENTS, IF ANY:

**SECTION IV - FINDINGS, SIGNS AND SYMPTOMS**

4A. DOES THE VETERAN HAVE ANY FINDINGS, SIGNS OR SYMPTOMS (other than cutaneous manifestations) ATTRIBUTABLE TO AN AUTOIMMUNE DISEASE, INCLUDING SLE?

Yes  No (If "Yes," complete the following section):

4B. Has the Veteran had any symptoms (other than cutaneous manifestations) attributable to an autoimmune disease, including SLE, in the past 2 years?

- Yes  No

4C. Does the Veteran have arthritis attributable to an autoimmune disease, including SLE?

- Yes  No (If "Yes," list affected joints and describe effect of autoimmune disease on each joint (brief summary) and ALSO complete the appropriate questionnaire for each affected joint):

4D. Does the Veteran have recurrent ulcers on oral mucous membranes attributable to an autoimmune disease, including SLE?

- Yes  No

(If "Yes," do the recurrent ulcers result in impairment of mastication, a speech impairment or other signs or symptoms?)

- Yes  No (If "Yes," describe and ALSO complete the appropriate questionnaire):

**SECTION IV - FINDINGS, SIGNS AND SYMPTOMS (Continued)**

4E. Does the Veteran have any hematologic or lymphatic manifestations of an autoimmune disease, including SLE?

Yes  No

(If "Yes," check all that apply and ALSO complete the appropriate questionnaire):

- General adenopathy
- Splenomegaly
- Anemia
- Leukopenia (usually lymphopenia, with < 1500 cells/uL)
- Thrombocytopenia (sometimes life-threatening autoimmune thrombocytopenia)
- Other, describe: \_\_\_\_\_

4F. Does the Veteran have any pulmonary manifestations of an autoimmune disease, including SLE?

Yes  No

(If "Yes," check all that apply and ALSO complete the appropriate questionnaire):

- Pulmonary emboli
- Pulmonary hypertension
- Shrinking lung syndrome
- Recurrent pleurisy, with or without pleural effusion
- Other, describe: \_\_\_\_\_

4G. Does the Veteran have any cardiac manifestations of an autoimmune disease, including SLE?

Yes  No

(If "Yes," check all that apply and ALSO complete a Heart Questionnaire):

- Pericardial effusion
- Myocarditis
- Coronary artery vasculitis
- Valvular involvement
- Libman-Sacks endocarditis
- Other, describe: \_\_\_\_\_

4H. Does the Veteran have any neurologic manifestations of an autoimmune disease, including SLE?

Yes  No

(If "Yes," describe and ALSO complete the appropriate questionnaire):

4I. Does the Veteran have any renal manifestations of an autoimmune disease, including SLE?

Yes  No

(If "Yes," check all that apply and ALSO complete the appropriate Kidney and/or Hypertension Questionnaire):

- Glomerular nephritis
- Membranoproliferative glomerulonephritis
- Proteinuria
- Hypertension
- Edema
- Other, describe: \_\_\_\_\_

4J. Does the Veteran have any obstetric manifestations of an autoimmune disease, including SLE?

Yes  No (If "Yes," describe and ALSO complete the appropriate questionnaire):

4K. Does the Veteran have any gastrointestinal manifestations of an autoimmune disease, including SLE?

Yes  No

(If "Yes," describe and ALSO complete the appropriate questionnaire):

4L. Does the Veteran have any vascular (arterial or venous) manifestations of an autoimmune disease, including SLE?

Yes  No

(If "Yes," check all that apply and ALSO complete the Artery and Vein Questionnaire):

- Recurrent arterial thrombosis
- Recurrent venous thrombosis
- Other, describe: \_\_\_\_\_

**SECTION V - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS**

5A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS RELATED TO ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

YES  NO (If "Yes," describe (brief summary)):

**SECTION VI - DIAGNOSTIC TESTING**

6A. IF IMAGING STUDIES, DIAGNOSTIC PROCEDURES OR LABORATORY TESTING HAS BEEN PERFORMED AND REFLECTS THE VETERAN'S CURRENT CONDITION, PROVIDE MOST RECENT RESULTS AND NO FURTHER STUDIES OR TESTING ARE REQUIRED FOR THIS EXAMINATION (**NOTE: When appropriate provide most recent results**)

6B. Have imaging studies been performed?

YES  NO

(If "Yes," check all that apply):

- Chest x-ray Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Magnetic resonance imaging (MRI) Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Computed tomography (CT) Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Other, describe: \_\_\_\_\_ Date: \_\_\_\_\_ Results: \_\_\_\_\_

6C. Has laboratory testing been performed?

YES  NO

(If "Yes," check all that apply):

- Hemoglobin (gm/100ml) Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Hematocrit Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Red blood cell (RBC) count Date: \_\_\_\_\_ Results: \_\_\_\_\_
- White blood cell (WBC) count Date: \_\_\_\_\_ Results: \_\_\_\_\_
- White blood cell differential count Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Platelet count Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Erythrocyte sedimentation rate (ESR) Date: \_\_\_\_\_ Results: \_\_\_\_\_
- C-reactive protein (CRP) Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Antinuclear antibody (ANA) titer Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Anti-Ro Antibody Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Anti-Smith antibodies Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Anti-Ro double strand (ds) DNA Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Antiphospholipid Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Complement components (C3 and C4) Date: \_\_\_\_\_ Results: \_\_\_\_\_
- BUN Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Creatinine Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Estimated glomerular filtration rate (EGFR) Date: \_\_\_\_\_ Results: \_\_\_\_\_
- Other, specify: \_\_\_\_\_ Date: \_\_\_\_\_ Results: \_\_\_\_\_

6D. Has a urinalysis been performed?

YES  NO

(If "Yes," complete the following):

Date of most recent urinalysis: \_\_\_\_\_

Results:

- Microalbumin:  Not elevated  Elevated to: \_\_\_\_\_
- Protein:  None  Trace  1+  2+  3+
- Glucose:  None  Trace  1+  2+  3+
- Hyaline casts:  None  1-5 hyaline casts per LPF  Other, describe: \_\_\_\_\_
- Granular casts:  None  1-5 granular casts per LPF  Other, describe: \_\_\_\_\_
- Blood:  None  Trace blood and no RBCs per HPF  Trace blood and 1-5 RBCs per HPF  1+ blood and 1-5 RBCs per HPF  1+ blood and 5-10 RBCs per HPF  2+ blood and 10-20 RBCs per HPF  Other, describe: \_\_\_\_\_

6E. Are there any other significant diagnostic test findings and/or results?

YES  NO (If "Yes," provide type of test or procedure, date and results (brief summary)):

**SECTION VII - FUNCTIONAL IMPACT**

7A. DOES THE VETERAN'S AUTOIMMUNE DISEASE IMPACT HIS OR HER ABILITY TO WORK?

YES  NO (If "Yes," describe the impact of the Veteran's autoimmune disease, providing one or more examples):

**SECTION VIII - REMARKS**

8A. REMARKS (If any):

**SECTION IX - PHYSICIAN'S CERTIFICATION AND SIGNATURE**

**CERTIFICATION** - To the best of my knowledge, the information contained herein is accurate, complete and current.

9A. PHYSICIAN'S SIGNATURE

9B. PHYSICIAN'S PRINTED NAME

9C. DATE SIGNED

9D. PHYSICIAN'S PHONE/FAX NUMBERS

9E. NATIONAL PROVIDER IDENTIFIER (NPI) NUMBER

9F. MEDICAL LICENSE NUMBER AND STATE

9G. PHYSICIAN'S ADDRESS