Department of Veterans Affairs	Department of Veterans Affairs INTERNAL VETERANS AFFAIRS USE			
NAME OF CLAIMANT/VETERAN	MUSCLE INJURIES DISABILITY BE CLAIMANT/VETERAN'S SOCIAL SECURITY NUMBER	DATE OF EXAMINATION		
		5,112 61 23 11111 111611		
NOTE TO EXAMINER - The Veteran is applying to the U.S questionnaire as part of their evaluation in processing the V	S. Department of Veterans Affairs (VA) for disability benefits. deteran's claim.	VA will consider the information you provide on this		
IS THIS QUESTIONNAIRE BEING COMPLETED IN CON	IJUNCTION WITH A VA 21-2507, C&P EXAMINATION REQU	EST?		
Yes No				
How was the examination completed? (check all tha	t apply)			
In-person examination Records reviewed				
Examination via approved video telehealth				
Other, please specify in comments box:				
Comments				
Comments:				
	ACCEPTABLE CLINICAL EVIDENCE (ACE)			
INDICATE METHOD USED TO OBTAIN MEDICAL INFOR	MATION TO COMPLETE THIS DOCUMENT:			
	eo telehealth examination) using the Acceptable Clinical Evider prepare the questionnaire and such an examination will likely p			
	erview with the Veteran (without in-person or telehealth examin ovided sufficient information on which to prepare the questionn			
	EVIDENCE REVIEW			
EVIDENCE REVIEWED (check all that apply):	EVIDENCE REVIEW			
Not requested VA claims file (hard copy paper C-file)				
VA e-folder				
VA electronic health record				
No records were reviewed Other-please identify other evidence reviewed:				
Other-please identity other evidence reviewed.				
EVIDENCE COMMENTS:				
DOMINANT HAND				
Right Left Ambidextrous				

	SECTION I - DIA			
Note: These are condition(s) for which an evaluation provided for submission to VA.	ion has been requested on an exam requ	est form (Internal VA) or for which the Vetera	an has requested medica	al evidence be
1A. DOES THE VETERAN CURRENTLY HAVE A Yes No	DIAGNOSED MUSCLE INJURY?			
1B. IF YES, PROVIDE ONLY DIAGNOSES THAT	PERTAIN TO MUSCLE INJURIES:			
DIAGNOSIS #1 -	ICD CODE -	DATE OF DIAGNOSIS -	SIDE AFFE	
DIAGNOSIS #2 -	ICD CODE -	DATE OF DIAGNOSIS -	SIDE AFFE	
DIAGNOSIS #3 -	ICD CODE -	DATE OF DIAGNOSIS -	SIDE AFFE	
1C. IF THERE ARE ADDITIONAL DIAGNOSES THE Note: These are the diagnoses determined during	g this current evaluation of the claimed co	ondition(s) listed above. If there is no diagnos		
previous diagnosis for this condition, or if there is diagnosis can be the date of the evaluation if the		, , ,		
Note: If there are multiple muscle injuries, comple injuries on this questionnaire, also complete an act that are not covered in this questionnaire, also corperipheral Nerves Questionnaire).	dditional questionnaire for each additional	injury. If the Veteran has or has had a musc	cle injury that results in a	any conditions
	SECTION II - HISTORY O	F MUSCLE INJURY		
2A. DOES THE VETERAN HAVE A PENETRATIN Yes No	G MUSCLE INJURY (such as a gunshot	or shell fragment wound)?		
Note: If the Veteran has a non-penetrating muscl muscle, or muscle atrophy due to a service-connequestionnaire. 2C. DESCRIBE THE HISTORY (including onset an	ected joint or nerve injury, complete the ap	opropriate questionnaire based on associated		
	SECTION III - LOCATION (
NOTE : For VA purposes, muscles are classified in muscle group(s) involved.	to groups I-XXIII. In this section, indicate	the location of the Veteran's muscle injury(ie:	s) by checking the	
	SHOULDER GIRDL			
3A. DOES THE VETERAN NOW HAVE OR HAS H	HE/SHE EVER HAD AN INJURY TO A MU (s) and side affected (check all that apply		LE OR ARM?	
res No ryes, check muscle group	(3) and side affected (check all that apply	7.	Side affected:	
GROUP I: Extrinsic muscles of should Function: Upward rotation of scapula, el	er girdle: trapezius, levator scapulae, serr levation of arm above shoulder level	atus magnus	Right Left	Both
	pectoralis major, latissimus dorsi and ter al overhead to hanging at side, downward		Right Left	Both
GROUP III: Intrinsic muscles of should Function: Elevation and abduction of an	der girdle: pectoralis major, deltoid m to level of shoulder, forward and backw	vard swing of arm	Right Left	Both
GROUP IV: Shoulder girdle muscles: s Function: Stabilization of shoulder, abdu	supraspinatus, infraspinatus and teres mir uction, rotation of arm	nor, subscapularis, coracobrachialis	Right Left	Both
GROUP V: Flexor muscles of elbow: b Function: Flexion of elbow	iceps, brachialis, brachioradialis		Right Left	Both
GROUP VI: Extensor muscles of elbow: triceps Function: Extension of elbow				Both

For Internal VA Use
Muscle Injuries Disability Benefits Questionnaire

SECTION III - LOCATION OF MUSCLE INJURY (Continued)			
FOREARM AND HAND			
3B. DOES THE VETERAN NOW HAVE OR HAS HE/SHE EVER HAD AN INJURY TO A MUSCLE GROUP OF THE FOREARM OR	HAND?		
Yes No If yes, check muscle group(s) and side affected (check all that apply):			
GROUP VII: Muscles of forearm: flexors of the wrist, fingers and thumb	Side affect	ed:	Both
Function: Flexion of wrist and fingers GROUP VIII: Muscles: extensors of the wrist, fingers and thumb	Right	Left	Both
Function: Extension of wrist, fingers and thumb GROUP IX: Intrinsic muscles of hand, including muscles in the thenar and hypothenar eminence, lumbricales, dorsal		Left	Both
and palmar interossei Function: Intrinsic muscles of the hand assist in delicate manipulative movements	Right		
FOOT AND LEG			
3C. DOES THE VETERAN NOW HAVE OR HAS HE/SHE EVER HAD AN INJURY TO A MUSCLE GROUP OF THE FOOT OR LEG	;?		
Yes No If yes, check muscle group(s) and side affected (check all that apply)			
	Side affect	ed:	
GROUP X: Muscles of the foot: flexor digitorum brevis, abductor hallucis, abductor digiti minimi, quadratus plantae, lumbricales, flexor hallucis brevis, adductor hallucis, flexor digiti minimi brevis, dorsal and plantar interossei Function: Movements of forefoot and toes, propulsion thrust in walking	Right	Left	Both
GROUP XI: Muscles of the foot, ankle and calf: gastrocnemius, soleus, tibialis posterior, peroneus longus, peroneus brevis, flexor hallucis longus, flexor digitorum longus Function: Propulsion, plantar flexion of foot, stabilization of arch, flexion of toes	Right	Left	Both
GROUP XII: Anterior muscles of the leg, tibialis anterior, extensor digitorum longus, extensor hallucis longus, peroneus tertius	Right	Left	Both
Function: Dorsiflexion, extension of toes, stabilization of arch			
PELVIC GIRDLE AND THIGH			
3D. DOES THE VETERAN NOW HAVE OR HAS HE/SHE EVER HAD AN INJURY TO A MUSCLE GROUP OF THE PELVIC GIRDL	E OR THIGH	?	
Yes No If yes, check muscle group(s) and side affected (check all that apply)	Side affect	ed:	
GROUP XIII: Posterior thigh/hamstring muscles: biceps femoris, semimembranosus, semitendinosus Function: Flexion of knee	Right	Left	Both
GROUP XIV: Anterior thigh muscles: sartorius, rectus femoris, quadriceps Function: Extension of knee	Right	Left	Both
GROUP XV: Mesial thigh muscles: adductor longus, adductor brevis, adductor magnus, gracilis Function: Adduction of hip	Right	Left	Both
GROUP XVI: Pelvic girdle muscles: psoas, iliacus, pectineus Function: Flexion of hip	Right	Left	Both
GROUP XVII: Pelvic girdle muscles: gluteus maximus, gluteus medius, gluteus minimus Function: Extension of hip, abduction of thigh, postural support of body	Right	Left	Both
If checked, is there severe damage to muscle group XVII, such that the veteran is unable to rise from a seated and stooped position and to maintain postural stability without assistance of any type? YES NO			
GROUP XVIII: Pelvic girdle muscles: pyriformis, gemelli, obturator, quadratus femoris Function: Outward rotation of thigh and stabilization of hip joint	Right	Left	Both
TORSO AND NECK			
3E. DOES THE VETERAN NOW HAVE OR HAS HE/SHE EVER HAD AN INJURY TO A MUSCLE GROUP IN THE TORSO AND/OI	R NECK?		
Yes No If yes, check muscle group(s) and side or region affected (check all that apply)	Side or region	n affected:	
GROUP XIX: Muscles of the abdominal wall: rectus abdominis, external oblique, internal obliques, transversalis, quadratus lumborum	Right	Left	Both
Function: Support of abdominal wall and lower thorax, flexion and lateral movement of spine			
GROUP XX: Spinal muscles: sacrospinalis, erector spinae Function: Postural support of body, extension and lateral movement of the spine	Cervical	Thorac	cic Lumbar
GROUP XXI: Muscles of respiration: thoracic muscle group Function: Respiration	Right	Left	Both
GROUP XXII: Muscles of the front of the neck: trapezius, sternocleidomastoid, hyoid muscles, sternothyroid, digastric Function: Rotation and flexion of the head, respiration, swallowing	Right	Left	Both
GROUP XXIII: Muscles of the side and back of the neck: suboccipital, lateral vertebral and anterior vertebral muscles Function: Movements of the head, fixation of shoulder movements	Right	Left	Both

ADDITIONAL CONDITIONS			
3F DOES THE VETERAN HAVE A HISTORY OF RUPTURE OF THE DIAPHRAGM WITH HERNIATION? Yes No If yes, also complete Esophageal Conditions Questionnaire.			
3G. DOES THE VETERAN HAVE A HISTORY OF AN EXTENSIVE MUSCLE HERNIA OF ANY MUSCLE, WITHOUT OTHER INJURY TO THE MUSCLE? Yes No If yes, name muscle and describe current residuals:			
ALL DOES THE VETERANLIAVE A HISTORY OF INHIBRY TO THE FACIAL MUSCLESS			
3H. DOES THE VETERAN HAVE A HISTORY OF INJURY TO THE FACIAL MUSCLES? Yes No If yes, also complete additional questionnaires (such as cranial nerves, scars, etc.) as appropriate for all identified residual conditions. If yes, is there interference to any extent with mastication? Yes No			
3I. DOES THE VETERAN HAVE A HISTORY OF RHABDOMYOLYSIS? Yes No Note: If the Veteran has any renal complications, also complete appropriate renal questionnaire			
3J. DOES THE VETERAN HAVE A HISTORY OF COMPARTMENT SYNDROME? Yes No			
SECTION IV - MUSCLE INJURY EXAM			
4A. DOES THE VETERAN HAVE ANY SCAR(S) ASSOCIATED WITH A MUSCLE INJURY? Yes			
Yes No If yes, indicate severity of fascial defect(s) caused by the muscle injury(ies) (check all that apply if there is more than one area/type of fascial defect) Some loss of deep fascia Palpation shows loss of deep fascia Other, describe:			

SECTION IV - MUSCLE INJURY EXAM (Continued)			
4C. DOES THE VETERAN'S MUSCLE INJURY(IES) AFFECT MUSCLE SUBSTANCE OR FUNCTION?			
Yes No If yes, indicate effect of the muscle injury(ies) on muscle substance or function (check all that apply)			
Some impairment of muscle tonus			
Some loss of muscle substance			
Soft flabby muscles in wound area			
Muscles swell and harden abnormally in contraction			
☐ Induration or atrophy of an entire muscle following history of simple piercing by a projectile ☐ Adaptive contraction of an opposing group of muscles			
Visible or measurable atrophy			
Atrophy of muscle groups not in the track of the missile, particularly of the trapezius and serratus in wounds of the shoulder girdle			
Tests of endurance or coordinated movements compared with the corresponding muscles of the uninjured side indicate severe impairment of function			
Other, describe:			
CARDINAL SIGNS AND SYMPTOMS OF MUSCLE DISABILITY			
4D. DOES THE VETERAN HAVE ANY OF THE FOLLOWING SIGNS AND/OR SYMPTOMS ATTRIBUTABLE TO ANY MUSCLE INJURIES?			
Yes No (If yes, check all that apply, and indicate side affected, muscle group and frequency/severity):			
Loss of power			
/If checked, indicate side affected): Right Left Both			
(Indicate muscle group(s) affected (I-XXIII) if possible):			
(Indicate frequency/severity): Occasional Consistent Consistent at a more severe level			
Weakness			
(If checked, indicate side affected): Right Left Both			
(Indicate muscle group(s) affected (I-XXIII) if possible):			
(Indicate frequency/severity): Occasional Consistent Consistent at a more severe level			
Lowered threshold of fatigue			
(If checked, indicate sided affected): Right Left Both			
(Indicate muscle group(s) affected (I-XXIII) if possible):			
(Indicate frequency/severity): Occasional Consistent Consistent at a more severe level			
Fatigue and/or pain (If checked, indicate side affected): □ Right □ Left □ Both			
(Indicate muscle group(s) affected (I-XXIII) if possible):			
(Indicate frequency/severity): Occasional Consistent Consistent at a more severe level			
Impairment of coordination			
(If checked, indicate side affected): Right Left Both			
(Indicate muscle group(s) affected (I-XXIII) if possible):			
(Indicate frequency/severity): Occasional Consistent Consistent at a more severe level			
Uncertainty of movement			
(If checked, indicate side affected): Right Left Both			
(Indicate muscle group(s) affected (I-XXIII) if possible):			
(Indicate frequency/severity): Occasional Consistent Consistent at a more severe level			
If further clarification is needed due to injuries of multiple muscle groups, describe which findings, signs and/or symptoms are attributable to each muscle injury:			

	SECTION IV - MUSCLE INJURY EXAM (Continued)			
	MUSCLE STRENGTH TESTING			
4E. TEST MUSCLE STRENGTH ONLY FOR AFFECTED MUSCLE GROUPS AND FOR THE CORRESPONDING SOUND (NON-INJURED) SIDE.RATE STRENGTH ACCORDING TO THE FOLLOWING SCALE:				
0/5 No muscle movement				
1/5 Visible muscle movement, but no joint move	ment			
2/5 No movement against gravity				
3/5 No movement against resistance				
4/5 Less than normal strength				
5/5 Normal strength				
Shoulder abduction (Group III)	Right: 5/5 4/5 3/5 2/5 1/5 0/5			
5" (O	Left: 5/5 4/5 3/5 2/5 1/5 0/5			
Elbow flexion (Group V)	Right: 5/5 4/5 3/5 2/5 1/5 0/5 Left: 5/5 4/5 3/5 2/5 1/5 0/5			
Elbow extension (Group VII)				
Elbow extension (Group VI)	Right:5/54/53/52/51/50/5 Left:5/54/53/52/51/50/5			
Wrist flexion (Group VII)	Right: 5/5 4/5 3/5 2/5 11/5 0/5			
Wilst liexion (Group VII)	Left: 5/5 4/5 3/5 2/5 11/5 0/5			
Wrist extension (Group VIII)	Right: 5/5 4/5 3/5 2/5 11/5 0/5			
, ,	Left: 5/5 4/5 3/5 2/5 11/5 0/5			
Hip flexion (Group XVI)	Right: 5/5 4/5 3/5 2/5 1/5 0/5			
	Left: 5/5 4/5 3/5 2/5 1/5 0/5			
Knee flexion (Group XIII)	Right: 5/5 4/5 3/5 2/5 1/5 0/5			
	Left: 5/5 4/5 3/5 2/5 0/5			
Knee extension (Group XIV)	Right: 5/5 4/5 3/5 2/5 1/5 0/5			
	Left: 5/5 4/5 3/5 2/5 0/5			
Ankle plantar flexion (Group XI)	Right: 5/5 4/5 3/5 2/5 1/5 0/5			
	Left: 5/5 4/5 3/5 2/5 1/5 0/5			
Ankle dorsiflexion (Group XII)	Right: 5/5 4/5 3/5 2/5 1/5 0/5			
	Left: 5/5 4/5 3/5 2/5 1/5 0/5			
If other movements/muscle groups were tested, specify:				
were tested, speeny.	Right: 5/5 4/5 3/5 2/5 1/5 0/5			
	Left: 5/5 4/5 3/5 2/5 1/5 0/5			
4F. DOES THE VETERAN HAVE MUSCLE ATI	ROPHY OF THE INJURED MUSCLE GROUP?			
Yes No				
If muscle atrophy is present, indicate location (su	uch as calf thigh forearm unner arm):			
# # # # # # # # # # # # # # # # # # #				
(Indicate side affected): [] Right (Indicate muscle group(s) affected (I-X)	Left Both			
, , , , , ,	of normal side and atrophied side, measured at maximum muscle bulk:			
	. Atrophied side: cm.			
	an one muscle group, provide location and measurements, using the same format:			
SECTION V - ASSISTIVE DEVICES				
5A. DOES THE VETERAN USE ANY ASSISTINMAY BE POSSIBLE?	/E DEVICES AS A NORMAL MODE OF LOCOMOTION, ALTHOUGH OCCASIONAL LOCOMOTION BY OTHER METHODS			
Yes No If yes, identify assistive devices used (check all that apply and indicate frequency):				
The first assistance devices ased (oriental apply and indicate nequency).				
Wheelchair Frequ	uency of use: Occasional Regular Constant			
	uency of use: Occasional Regular Constant			
	uency of use: Occasional Regular Constant			
	uency of use: Occasional Regular Constant			
Walker Frequ	uency of use: Occasional Regular Constant			
Other:				
Frequ	uency of use: Occasional Regular Constant			
5B. IF THE VETERAN USES ANY ASSISTIVE I	DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION.			
	,			

SECTION VI - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES 6A. DUE TO THE VETERAN'S MUSCLE CONDITIONS IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTION REMAIN OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROSTHESIS? (Functions of the upper extremity include grasping manipulation, etc., while functions for the lower extremity include balance, and propulsion, etc.)	
Yes, functioning is so diminished that amputation with prosthesis would equally serve the Veteran No	
If yes, indicate extremity(ies) for which this applies:	
Right upper Left upper Right lower Left lower For each checked extremity, identify the condition causing loss of function, describe loss of effective function and provide specific examples (brief summary)	
Note: The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.	s,
SECTION VII - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS 7A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS. COMPLICATIONS. CONDITIONS. SIGNS AND/OR SYMPTOMS RELATED TO THE	
A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS RELATED TO THE CONDITION(S) LISTED IN THE DIAGNOSIS SECTION ABOVE? Yes No If yes, describe (brief summary)	:
7B. COMMENTS, IF ANY:	
SECTION VIII - DIAGNOSTIC TESTING	
Note: If there is reason to believe there are retained metallic fragments in the muscle tissue, appropriate x-rays are required to determine location of retained metallic fragment. Once retained metallic fragments have been documented, further imaging studies are usually not indicated.	
8A. HAVE IMAGING STUDIES BEEN PERFORMED IN CONJUNCTION WITH THIS EXAMINATION? Yes No If yes, provide type of test or procedure performed, date and results.	
8B. IS THERE X-RAY EVIDENCE OF RETAINED METALLIC FRAGMENTS (such as shell fragments or shrapnel) IN ANY MUSCLE GROUP? Yes No (If yes, indicate results):	
X-ray evidence of retained shell fragment(s) and/or shrapnel Location (specify muscle Group I-XXIII, if possible):	
(Indicate side affected): Right Left Both	
X-ray evidence of minute multiple scattered foreign bodies indicating intermuscular trauma and explosive effect of the missile Location (specify muscle Group I -XXIII, if possible):	
(Indicate side affected): Right Both	
8C. WERE ELECTRODIAGNOSTIC TESTS DONE? Yes No (If yes, was there diminished muscle excitability to pulsed electrical current?	
Yes No	
(If yes, name affected muscles)	
8D. ARE THERE ANY OTHER DIAGNOSTIC TEST FINDINGS AND/OR RESULTS RELATED TO THE CLAIMED CONDITION(S) AND/OR DIAGNOSIS(ES), THAT WER REVIEWED IN CONJUNCTION WITH THIS EXAMINATION?	E
Yes No (If yes, provide type of test or procedure, date and results in a brief summary)	

SECTION IX - FUNCTIONAL IMPACT				
9A. DOES THE VETERAN'S MUSCLE INJURY(IES) REQUIREMENTS DUE TO MUSCLE INJURY(IES)	S) IMPACT HIS (?	OR HER ABILITY TO WORK, SUCH AS RES	SULTING IN INABILITY TO	KEEP UP WITH WORK
Yes No (If yes, describe the impact of each of the Vetera	an's muscle iniu	ries, providing one or more examples):		
	ļ	,1 3		
		SECTION X - REMARKS		
10A. REMARKS (If any)				
s	ECTION XI- E	EXAMINER'S CERTIFICATION AND S	IGNATURE	
CERTIFICATION - To the best of my knowledge, the	ne information co	ontained herein is accurate, complete and cur	rrent.	
11A. EXAMINER'S SIGNATURE		11B. EXAMINER'S PRINTED NAME		11C. DATE SIGNED
11D. EXAMINER'S PHONE AND FAX NUMBER	11E. NATIONA	L PROVIDER IDENTIFIER (NPI) NUMBER	11F. MEDICAL LICENSE	NUMBER AND STATE
11G. EXAMINER'S ADDRESS:				