

**IMPORTANT** - THE DEPARTMENT OF VETERANS AFFAIRS (VA) **WILL NOT PAY** OR **REIMBURSE** ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. PLEASE READ THE PRIVACY ACT AND RESPONDENT BURDEN INFORMATION BEFORE COMPLETING FORM.

NAME OF PATIENT/VETERAN

PATIENT/VETERAN'S SOCIAL SECURITY NUMBER

**NOTE TO PHYSICIAN** - Your patient is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the veteran's claim.

Is this questionnaire being completed in conjunction with a VA 21-2507, C&P examination request?  Yes  No

How was the examination completed? Check all that apply:

In-person examination

Records reviewed Comments:

Examination via approved telehealth

Other, please specify in comments box:

**ACCEPTABLE CLINICAL EVIDENCE (ACE)**

INDICATE METHOD USED TO OBTAIN MEDICAL INFORMATION TO COMPLETE THIS DOCUMENT:

Review of available records (without in-person or video telehealth examination) using the Acceptable Clinical Evidence (ACE) process because the existing medical evidence provided sufficient information on which to prepare the questionnaire and such an examination will likely provide no additional relevant evidence.

Review of available records in conjunction with an interview with the Veteran (without in-person or telehealth examination) using the ACE process because the existing medical evidence supplemented with an interview provided sufficient information on which to prepare the questionnaire and such an examination would likely provide no additional relevant evidence.

**EVIDENCE REVIEW**

EVIDENCE REVIEWED (*check all that apply*):

Not requested

No records were reviewed

VA claims file (hard copy paper C-file)

VA e-folder (VBMS or Virtual VA)

CPRS

Other (please identify other evidence reviewed):

EVIDENCE COMMENTS:

**SECTION I - DIAGNOSIS**

**NOTE:** These are condition(s) for which an evaluation has been requested on an exam request form (Internal VA) or for which the Veteran has requested medical evidence be provided for submission to VA.

1A. LIST THE CLAIMED CONDITION(S) THAT PERTAIN TO THIS DBQ:

**NOTE:** These are the diagnoses determined during this current evaluation of the claimed condition(s) listed above. If there is no diagnosis, if the diagnosis is different from a previous diagnosis for this condition, or if there is a diagnosis of a complication due to the claimed condition, explain your findings and reasons in comments section. Date of diagnosis can be the date of the evaluation if the clinician is making the initial diagnosis, or an approximate date determined through record review or reported history.

1B. SELECT DIAGNOSES ASSOCIATED WITH THE CLAIMED CONDITION(S) (Check all that apply):

The Veteran does not have a current diagnosis associated with any claimed condition listed above. (Explain your findings and reasons in comments section.)

	Side affected:	ICD Code:	Date of diagnosis:
<input type="checkbox"/> Olecranon bursitis	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Tricep tendinitis	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Lateral epicondylitis	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Medial epicondylitis	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Instability (medial/posterolateral rotatory)	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Dislocation, elbow	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Osteoarthritis, elbow	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Total elbow arthroplasty	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Ankylosis of elbow joint	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____

	Side affected:	ICD Code:	Date of diagnosis:
<input type="checkbox"/> Arthritic conditions			
<input type="checkbox"/> Arthritis, degenerative	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Arthritis, gonorrhoeal	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Arthritis, pneumococccic	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Arthritis, streptococccic	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Arthritis, syphilitic	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Arthritis, rheumatoid	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Arthritis, traumatic	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Arthritis, typhoid	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Arthritis, other types (specify)	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____

	Side affected:	ICD Code:	Date of diagnosis:
<input type="checkbox"/> Inflammatory conditions			
<input type="checkbox"/> Osteoporosis, with joint manifestations	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Osteomalacia	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Bones, new growths of, benign	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Osteitis deformans	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Gout	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Hydrarthrosis, intermittent	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Bursitis	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Synovitis	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Myositis	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Periostitis	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Myositis ossificans	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____
<input type="checkbox"/> Tenosynovitis	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	_____	Right: _____ Left: _____

Other (specify)

Other diagnosis #1: \_\_\_\_\_

Side affected:  Right  Left  Both    ICD Code: \_\_\_\_\_    Date of diagnosis: Right: \_\_\_\_\_ Left: \_\_\_\_\_

Other diagnosis #2: \_\_\_\_\_

Side affected:  Right  Left  Both    ICD Code: \_\_\_\_\_    Date of diagnosis: Right: \_\_\_\_\_ Left: \_\_\_\_\_

Other diagnosis #3: \_\_\_\_\_

Side affected:  Right  Left  Both    ICD Code: \_\_\_\_\_    Date of diagnosis: Right: \_\_\_\_\_ Left: \_\_\_\_\_

**SECTION I - DIAGNOSIS (Continued)**

Other (continued):

If there are additional diagnoses that pertain to wrist conditions, list using above format:

1C. COMMENTS (if any):

1D. WAS AN OPINION REQUESTED ABOUT THIS CONDITION (internal VA only)?

YES  NO  N/A

**NOTE:** In all forearm injuries, if there are impaired finger movements due to tendon, muscle or nerve injuries, ALSO complete appropriate additional DBQ(s) such as the Hand, Peripheral Nerve and/or Muscle Injuries Disability Benefits Questionnaire.

**SECTION II - MEDICAL HISTORY**

2A. DESCRIBE THE HISTORY (including onset and course) OF THE VETERAN'S ELBOW OR FOREARM CONDITION (brief summary):

2B. DOMINANT HAND

RIGHT  LEFT  AMBIDEXTROUS

2C. DOES THE VETERAN REPORT FLARE-UPS OF THE ELBOW OR FOREARM?

YES  NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF FLARE-UPS IN HIS OR HER OWN WORDS:

2D. DOES THE VETERAN REPORT HAVING ANY FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT OF THE JOINT OR EXTREMITY BEING EVALUATED ON THIS DBQ (regardless of repetitive use)?

YES  NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT IN HIS OR HER OWN WORDS:

**SECTION III - RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATION**

There are several separate parameters requested for describing function of a joint. The question of "Does this ROM contribute to a functional loss" asks if there is a functional loss that can be ascribed to any documented loss of range of motion and, unlike later questions, does not take into account the numerous other factors to be considered.

Subsequent questions take into account additional factors such as pain, fatigue, weakness, lack of endurance or incoordination. If there is pain noted on examination, it is important to understand whether or not that pain itself contributes to functional loss. Ideally a claimant would be seen immediately after that repetitive use over time or during a flare up, however, this is not always feasible.

Information regarding joint function is broken up into two subsets. First is based on repetitive use and the second functional loss associated with flare ups. The repetitive use section initially asks for objective findings after three or more repetitions of ranges of motion testing. The second portion provides a more global picture of functional loss associated with repetitive use over time. The latter takes into account medical probability of additional functional loss as a global view, taking into account not only on the objective findings noted on the examination but also the subjective history provided by the claimant as well as review of available medical evidence.

Optimally, description of any additional loss of function should be provided as what the degrees range of motion would be opined to look like in these given scenarios. However, when this is not feasible, a clear as possible description of that loss should be provided. This same information (minus the three repetitions) is asked to be provided with regards to flare ups.

**3A. INITIAL ROM MEASUREMENTS**

<b>RIGHT ELBOW</b>	<input type="checkbox"/> All Normal <input type="checkbox"/> Unable to test                      If "Unable to test" or "Not indicated", please explain:  <input type="checkbox"/> Abnormal or outside of normal range <input type="checkbox"/> Not indicated
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Flexion (0-145 degrees): _____ to _____ degrees	Forearm supination (0-85 degrees): _____ to _____ degrees
Extension (145-0 degrees): _____ to _____ degrees	Forearm pronation (0-80 degrees): _____ to _____ degrees

If ROM is outside of "normal" range, but is normal for the Veteran (for reasons other than an elbow condition, such as age, body habitus, neurologic disease), please describe:	If abnormal, does the range of motion itself contribute to a functional loss? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please explain:
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Description of Pain <i>(select the best response):</i>	If noted on examination, which ROM exhibited pain <i>(select all that apply):</i>	Is there objective evidence of localized tenderness or pain on palpation of the joint or associated soft tissue? <input type="checkbox"/> Yes <input type="checkbox"/> No  If yes, describe include location, severity, and relationship to condition(s).
<input type="checkbox"/> No pain noted on exam <input type="checkbox"/> Pain noted on exam on rest / non-movement <input type="checkbox"/> Pain noted on exam but does not result in / cause functional loss <input type="checkbox"/> Pain noted on examination and causes functional loss	<input type="checkbox"/> Flexion <input type="checkbox"/> Forearm supination <input type="checkbox"/> Extension <input type="checkbox"/> Forearm pronation	Is there objective evidence of crepitus?  <input type="checkbox"/> Yes <input type="checkbox"/> No

Is there evidence of pain with weight bearing?  <input type="checkbox"/> Yes <input type="checkbox"/> No	Is there objective evidence of crepitus?  <input type="checkbox"/> Yes <input type="checkbox"/> No
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<b>LEFT ELBOW</b>	<input type="checkbox"/> All Normal <input type="checkbox"/> Unable to test                      If "Unable to test" or "Not indicated", please explain:  <input type="checkbox"/> Abnormal or outside of normal range <input type="checkbox"/> Not indicated
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Flexion (0-145 degrees): _____ to _____ degrees	Forearm supination (0-85 degrees): _____ to _____ degrees
Extension (145-0 degrees): _____ to _____ degrees	Forearm pronation (0-80 degrees): _____ to _____ degrees

If ROM is outside of "normal" range, but is normal for the Veteran (for reasons other than an elbow condition, such as age, body habitus, neurologic disease), please describe:	If abnormal, does the range of motion itself contribute to a functional loss? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please explain:
---	--

Description of Pain <i>(select the best response):</i>	If noted on examination, which ROM exhibited pain <i>(select all that apply):</i>	Is there objective evidence of localized tenderness or pain on palpation of the joint or associated soft tissue? <input type="checkbox"/> Yes <input type="checkbox"/> No  If yes, describe include location, severity, and relationship to condition(s).
<input type="checkbox"/> No pain noted on exam <input type="checkbox"/> Pain noted on exam on rest / non-movement <input type="checkbox"/> Pain noted on exam but does not result in / cause functional loss <input type="checkbox"/> Pain noted on examination and causes functional loss	<input type="checkbox"/> Flexion <input type="checkbox"/> Forearm supination <input type="checkbox"/> Extension <input type="checkbox"/> Forearm pronation	Is there objective evidence of crepitus?  <input type="checkbox"/> Yes <input type="checkbox"/> No

Is there evidence of pain with weight bearing?  <input type="checkbox"/> Yes <input type="checkbox"/> No	Is there objective evidence of crepitus?  <input type="checkbox"/> Yes <input type="checkbox"/> No
--	--

3B. OBSERVED REPETITIVE USE				
RIGHT ELBOW	Is the veteran able to perform repetitive-use testing with at least three repetitions?	Is there additional loss of function or range of motion after three repetitions?	Joint Movement	ROM after 3 repetitions:
	<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, perform repetitive-use testing If no, provide reason:	<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, report ROM after a minimum of 3 repetitions. If no, documentation of ROM after repetitive-use testing is not required.	Flexion (0-145 degrees):	_____ to _____
			Extension (145-0 degrees):	_____ to _____
			Forearm supination (0-85 degrees):	_____ to _____
			Forearm pronation (0-80 degrees):	_____ to _____
Select all factors that cause this functional loss: <input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigue <input type="checkbox"/> Weakness <input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination				
LEFT ELBOW	Is the veteran able to perform repetitive-use testing with at least three repetitions?	Is there additional loss of function or range of motion after three repetitions?	Joint Movement	ROM after 3 repetitions:
	<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, perform repetitive-use testing If no, provide reason:	<input type="checkbox"/> Yes <input type="checkbox"/> No If yes, report ROM after a minimum of 3 repetitions. If no, documentation of ROM after repetitive-use testing is not required.	Flexion (0-145 degrees):	_____ to _____
			Extension (145-0 degrees):	_____ to _____
			Forearm supination (0-85 degrees):	_____ to _____
			Forearm pronation (0-80 degrees):	_____ to _____
Select all factors that cause this functional loss: <input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigue <input type="checkbox"/> Weakness <input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination				

3C. REPEATED USE OVER TIME			
RIGHT ELBOW	Is the Veteran being examined immediately after repetitive use over time?	If the examination is <b>not</b> being conducted immediately after repetitive use over time:	If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:
	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> The examination is medically consistent with the Veteran's statements describing functional loss with repetitive use over time. <input type="checkbox"/> The examination is medically inconsistent with the Veteran's statements describing functional loss with repetitive use over time. <input type="checkbox"/> The examination is neither medically consistent or inconsistent with the Veteran's statements describing functional loss with repetitive use over time.	
	Does pain, weakness, fatigability or incoordination significantly limit functional ability with repeated use over a period of time?	If unable to say without mere speculation, please explain:	
	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unable to say without mere speculation		
	Select all factors that cause this functional loss: <input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigue <input type="checkbox"/> Weakness <input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination		
LEFT ELBOW	Are you able to describe in terms of Range of Motion?	If no, please describe:	
	<input type="checkbox"/> Yes <input type="checkbox"/> No		
	Flexion (0-145 degrees): _____ to _____ degrees		
	Extension (145-0 degrees): _____ to _____ degrees		
	Forearm supination (0-85 degrees): _____ to _____ degrees Forearm pronation (0-80 degrees): _____ to _____ degrees		
Is the Veteran being examined immediately after repetitive use over time?	If the examination is <b>not</b> being conducted immediately after repetitive use over time:	If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:	
<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> The examination is medically consistent with the Veteran's statements describing functional loss with repetitive use over time. <input type="checkbox"/> The examination is medically inconsistent with the Veteran's statements describing functional loss with repetitive use over time. <input type="checkbox"/> The examination is neither medically consistent or inconsistent with the Veteran's statements describing functional loss with repetitive use over time.		
Does pain, weakness, fatigability or incoordination significantly limit functional ability with repeated use over a period of time?	If unable to say without mere speculation, please explain:		
<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unable to say without mere speculation			

LEFT ELBOW (continued)	Select all factors that cause this functional loss: <input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigue <input type="checkbox"/> Weakness <input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination	
	Are you able to describe in terms of Range of Motion? <input type="checkbox"/> Yes <input type="checkbox"/> No	If no, please describe:
	Flexion (0-145 degrees): _____ to _____ degrees	
	Extension (145-0 degrees): _____ to _____ degrees	
Forearm supination (0-85 degrees): _____ to _____ degrees		
Forearm pronation (0-80 degrees): _____ to _____ degrees		

3D. FLARE UPS

RIGHT ELBOW	Is the examination being conducted during a flare up?	If the examination is <b>not</b> being conducted during a flare up:	If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:
	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> The examination is medically consistent with the Veteran's statements describing functional loss during flare up. <input type="checkbox"/> The examination is medically inconsistent with the Veteran's statements describing functional loss during flare-ups. Please explain. <input type="checkbox"/> The examination is neither medically consistent or inconsistent with the Veteran's statements describing functional loss during flare up.	
	Does pain, weakness, fatigability or incoordination significantly limit functional ability with flare ups?	If unable to say without mere speculation, please explain:	
	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unable to say without mere speculation		
	Select all factors that cause this functional loss: <input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigue <input type="checkbox"/> Weakness <input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination		
Are you able to describe in terms of Range of Motion? <input type="checkbox"/> Yes <input type="checkbox"/> No		If no, please describe:	
Flexion (0-145 degrees): _____ to _____ degrees			
Extension (145-0 degrees): _____ to _____ degrees			
Forearm supination (0-85 degrees): _____ to _____ degrees			
Forearm pronation (0-80 degrees): _____ to _____ degrees			

LEFT ELBOW	Is the examination being conducted during a flare up?	If the examination is <b>not</b> being conducted during a flare up:	If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:
	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> The examination is medically consistent with the Veteran's statements describing functional loss during flare up. <input type="checkbox"/> The examination is medically inconsistent with the Veteran's statements describing functional loss during flare ups. Please explain.. <input type="checkbox"/> The examination is neither medically consistent or inconsistent with the Veteran's statements describing functional loss during flare up.	
	Does pain, weakness, fatigability or incoordination significantly limit functional ability with flare ups?	If unable to say without mere speculation, please explain:	
	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unable to say without mere speculation		
	Select all factors that cause this functional loss: <input type="checkbox"/> N/A <input type="checkbox"/> Pain <input type="checkbox"/> Fatigue <input type="checkbox"/> Weakness <input type="checkbox"/> Lack of endurance <input type="checkbox"/> Incoordination		
Are you able to describe in terms of Range of Motion? <input type="checkbox"/> Yes <input type="checkbox"/> No		If no, please describe:	
Flexion (0-145 degrees): _____ to _____ degrees			
Extension (145-0 degrees): _____ to _____ degrees			
Forearm supination (0-85 degrees): _____ to _____ degrees			
Forearm pronation (0-80 degrees): _____ to _____ degrees			

**3E. ADDITIONAL FACTORS CONTRIBUTING TO DISABILITY**

**RIGHT ELBOW**

In addition to those addressed above, are there additional contributing factors of disability? Please select all that apply and describe:

- None
- Less movement than normal (*due to ankylosis, adhesions, etc.*)       Swelling       Disturbance of locomotion
- More movement than normal (*due to flail joints, resections, nonunions, etc.*)       Deformity       Interference with sitting
- Weakened movement (*due to muscle peripheral nerve injury, etc.*)       Atrophy of disuse       Interference with standing
- Instability of station
- Other, please describe:

**LEFT ELBOW**

In addition to those addressed above, are there additional contributing factors of disability? Please select all that apply and describe:

- None
- Less movement than normal (*due to ankylosis, adhesions, etc.*)       Swelling       Disturbance of locomotion
- More movement than normal (*due to flail joints, resections, nonunions, etc.*)       Deformity       Interference with sitting
- Weakened movement (*due to muscle peripheral nerve injury, etc.*)       Atrophy of disuse       Interference with standing
- Instability of station
- Other, please describe:

**SECTION IV - MUSCLE STRENGTH TESTING**

**4A. MUSCLE STRENGTH - RATE STRENGTH ACCORDING TO THE FOLLOWING SCALE:**

- 0/5 No muscle movement
- 1/5 Palpable or visible muscle contraction, but no joint movement
- 2/5 Active movement with gravity eliminated
- 3/5 Active movement against gravity
- 4/5 Active movement against some resistance
- 5/5 Normal strength

Elbow	Flexion/Extension	Rate Strength	Is there a reduction in muscle strength?	If yes, is the reduction entirely due to the claimed condition in the Diagnosis section?	If no (the reduction is not entirely due to the claimed condition), provide rationale:
RIGHT ELBOW	Flexion	/5	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
	Extension	/5			
LEFT ELBOW	Flexion	/5	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
	Extension	/5			

**4B. DOES THE VETERAN HAVE MUSCLE ATROPHY?**

- YES  NO

IF YES, IS THE MUSCLE ATROPHY DUE TO THE CLAIMED CONDITION IN THE DIAGNOSIS SECTION?

- YES  NO IF NO, PROVIDE RATIONALE:

FOR ANY MUSCLE ATROPHY DUE TO A DIAGNOSES LISTED IN SECTION 1, INDICATE SIDE AND SPECIFIC LOCATION OF ATROPHY, PROVIDING MEASUREMENTS IN CENTIMETERS OF NORMAL SIDE AND CORRESPONDING ATROPHIED SIDE, MEASURED AT MAXIMUM MUSCLE BULK.

LOCATION OF MUSCLE ATROPHY:

- RIGHT UPPER EXTREMITY (*specify location of measurement such as "10cm above or below elbow"*):

CIRCUMFERENCE OF MORE NORMAL SIDE: \_\_\_\_\_ cm      CIRCUMFERENCE OF ATROPHIED SIDE: \_\_\_\_\_ cm

- LEFT UPPER EXTREMITY (*specify location of measurement such as "10cm above or below elbow"*):

CIRCUMFERENCE OF MORE NORMAL SIDE: \_\_\_\_\_ cm      CIRCUMFERENCE OF ATROPHIED SIDE: \_\_\_\_\_ cm

**SECTION IV - MUSCLE STRENGTH TESTING (Continued)**

4C. COMMENTS, IF ANY:

**SECTION V - ANKYLOSIS**

Complete this section if Veteran has ankylosis of the elbow.

**NOTE:** Ankylosis is the immobilization and consolidation of a joint due to disease, injury or surgical procedure.

5A. INDICATE SEVERITY OF ANKYLOSIS AND SIDE AFFECTED (*check all that apply*):

RIGHT SIDE:

LEFT SIDE:

No ankylosis

No ankylosis

Has some degree of ankylosis

Has some degree of ankylosis

If checked, provide degrees: \_\_\_\_\_

If checked, provide degrees: \_\_\_\_\_

With complete loss of supination

With complete loss of supination

With complete loss of pronation

With complete loss of pronation

5B. COMMENTS, IF ANY:

**SECTION VI - ADDITIONAL COMMENTS**

6A. DOES THE VETERAN HAVE FLAIL JOINT, JOINT FRACTURE, UNUNITED FRACTURE, MALALIGNED FRACTURE, OR IMPAIRMENT OF SUPINATION OR PRONATION?

YES  NO

IF YES, INDICATE CONDITION AND COMPLETE THE APPROPRIATE SECTIONS BELOW:

ELBOW FRACTURE  RIGHT  LEFT  BOTH

With flail joint

RIGHT  LEFT  BOTH

With marked cubitus varus or cubitus valgus

RIGHT  LEFT  BOTH

Other, describe

RIGHT  LEFT  BOTH

UNUNITED FRACTURE OF HEAD OF RADIUS

RIGHT  LEFT  BOTH

RADIUS AND ULNA FRACTURE WITH NONUNION AND FLAIL FALSE JOINT

RIGHT  LEFT  BOTH

IMPAIRMENT OF THE ULNA DUE TO NONUNION OR MALUNION (*check all that apply*):

Nonunion in upper half with false movement

Without loss of bone substance or deformity

Right  Left  Both

With loss of bone substance (*1 inch (2.5 cm) or more*) and marked deformity

Right  Left  Both

Nonunion in lower half

Right  Left  Both

Malunion with bad alignment

Right  Left  Both

IMPAIRMENT OF THE RADIUS DUE TO NONUNION OR MALUNION (*check all that apply*):

Nonunion in lower half with false movement

Without loss of bone substance or deformity

Right  Left  Both

With loss of bone substance (*1 inch (2.5 cm) or more*) and marked deformity

Right  Left  Both

Nonunion in lower half

Right  Left  Both

Malunion with bad alignment

Right  Left  Both

IMPAIRMENT OF SUPINATION OR PRONATION

Supination limited to 30 degrees or less

Right  Left  Both

Limited pronation with motion lost beyond the last quarter of the arc; hand does not approach full pronation

Right  Left  Both

Limited pronation with motion lost beyond the middle of the arc

Right  Left  Both

Hand is fixed near the middle of the arc or moderate pronation

Right  Left  Both

Hand is fixed in full pronation

Right  Left  Both

Hand is fixed in supination

Right  Left  Both

Hand is fixed in hyperpronation

Right  Left  Both

6B. COMMENTS, IF ANY:



**SECTION VII - SURGICAL PROCEDURES**

7. INDICATE ANY SURGICAL PROCEDURES THAT THE VETERAN HAS HAD PERFORMED AND PROVIDE THE ADDITIONAL INFORMATION AS REQUESTED (*check all that apply*):

RIGHT SIDE:

TOTAL ELBOW JOINT REPLACEMENT

DATE OF SURGERY: \_\_\_\_\_

RESIDUALS:

- None
- Intermediate degrees of residual weakness, pain or limitation of motion
- Chronic residuals consisting of severe painful motion or weakness
- Other, describe: \_\_\_\_\_

LEFT SIDE:

TOTAL ELBOW JOINT REPLACEMENT

DATE OF SURGERY: \_\_\_\_\_

RESIDUALS:

- None
- Intermediate degrees of residual weakness, pain or limitation of motion
- Chronic residuals consisting of severe painful motion or weakness
- Other, describe: \_\_\_\_\_

ARTHROSCOPIC OR OTHER ELBOW SURGERY

TYPE OF SURGERY: \_\_\_\_\_

DATE OF SURGERY: \_\_\_\_\_

RESIDUALS OF ARTHROSCOPIC OR OTHER ELBOW SURGERY

DESCRIBE RESIDUALS: \_\_\_\_\_

ARTHROSCOPIC OR OTHER ELBOW SURGERY

TYPE OF SURGERY: \_\_\_\_\_

DATE OF SURGERY: \_\_\_\_\_

RESIDUALS OF ARTHROSCOPIC OR OTHER ELBOW SURGERY

DESCRIBE RESIDUALS: \_\_\_\_\_

**SECTION VIII - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS AND SCARS**

8A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS RELATED TO ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

YES  NO

IF YES, DESCRIBE (*brief summary*): \_\_\_\_\_

8B. DOES THE VETERAN HAVE ANY SCARS (*surgical or otherwise*) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

YES  NO

IF YES, IS THERE OBJECTIVE EVIDENCE THAT ANY OF THESE SCARS PAINFUL OR UNSTABLE; HAVE A TOTAL AREA EQUAL TO OR GREATER THAN 39 SQUARE CM (*6 square inches*); OR ARE LOCATED ON THE HEAD, FACE OR NECK? An "unstable scar" is one where, for any reason, there is frequent loss of covering of the skin over the scar. If there are multiple scars, enter additional locations and measurements in Comment section below. It is not necessary to also complete a Scars DBQ.

YES  NO

IF YES, ALSO COMPLETE VA FORM 21-0960F-1, SCARS/DISFIGUREMENT.

IF NO, PROVIDE LOCATION AND MEASUREMENTS OF SCAR IN CENTIMETERS.

LOCATION: \_\_\_\_\_ MEASUREMENTS: length \_\_\_\_\_ cm X width \_\_\_\_\_ cm.

8C. COMMENTS, IF ANY:

**SECTION IX - ASSISTIVE DEVICES**

9A. DOES THE VETERAN USE ANY ASSISTIVE DEVICES?

YES  NO

IF YES, IDENTIFY ASSISTIVE DEVICES USED (*check all that apply and indicate frequency*):

Brace Frequency of use:  Occasional  Regular  Constant  
 Other: \_\_\_\_\_ Frequency of use:  Occasional  Regular  Constant

9B. IF THE VETERAN USES ANY ASSISTIVE DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION:

**SECTION X - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES**

10A. DUE TO THE VETERAN'S ELBOW CONDITIONS, IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTIONS REMAINS OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROSTHESIS? *(Functions of the upper extremity include grasping, manipulation, etc., while functions for the lower extremity include balance and propulsion, etc.)*

- YES, FUNCTIONING IS SO DIMINISHED THAT AMPUTATION WITH PROSTHESIS WOULD EQUALLY SERVE THE VETERAN.  
 NO

IF YES, INDICATE EXTREMITIES FOR WHICH THIS APPLIES:  RIGHT UPPER  LEFT UPPER

FOR EACH CHECKED EXTREMITY, IDENTIFY THE CONDITION CAUSING LOSS OF FUNCTION, DESCRIBE LOSS OF EFFECTIVE FUNCTION AND PROVIDE SPECIFIC EXAMPLES *(brief summary)*:

**NOTE:** The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis, the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.

**SECTION XI - DIAGNOSTIC TESTING**

**NOTE:** Testing listed below is not indicated for every condition. The diagnosis of degenerative arthritis (osteoarthritis) or traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, even if in the past, no further imaging studies are required by VA, even if arthritis has worsened.

11A. HAVE IMAGING STUDIES OF THE ELBOW BEEN PERFORMED AND ARE THE RESULTS AVAILABLE?

- YES  NO

IF YES, IS DEGENERATIVE OR TRAUMATIC ARTHRITIS DOCUMENTED?

- YES  NO IF YES, INDICATE ELBOW:  RIGHT  LEFT  BOTH

11B. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS OR RESULTS?

- YES  NO IF YES, PROVIDE TYPE OF TEST OR PROCEDURE, DATE AND RESULTS *(brief summary)*:

11C. IF ANY TEST RESULTS ARE OTHER THAN NORMAL, INDICATE RELATIONSHIP OF ABNORMAL FINDINGS TO DIAGNOSED CONDITIONS:

**SECTION XII - FUNCTIONAL IMPACT**

**NOTE:** Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age.

12. REGARDLESS OF THE VETERAN'S CURRENT EMPLOYMENT STATUS, DO THE CONDITION(S) LISTED IN THE DIAGNOSIS SECTION IMPACT HIS OR HER ABILITY TO PERFORM ANY TYPE OF OCCUPATIONAL TASK *(such as standing, walking, lifting, sitting, etc.)*?

- YES  NO IF YES, DESCRIBE THE FUNCTIONAL IMPACT OF EACH CONDITION, PROVIDING ONE OR MORE EXAMPLES:

SECTION XIII - REMARKS

13. REMARKS, IF ANY:

SECTION XIV - PHYSICIAN'S CERTIFICATION AND SIGNATURE

CERTIFICATION - To the best of my knowledge, the information contained herein is accurate, complete and current.

14A. PHYSICIAN'S SIGNATURE

14B. PHYSICIAN'S PRINTED NAME

14C. DATE SIGNED

14D. PHYSICIAN'S PHONE NUMBER

14E. NATIONAL PROVIDER IDENTIFIER (NPI) NUMBER

14F. PHYSICIAN'S ADDRESS

NOTE: VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the veteran's application.

PRIVACY ACT NOTICE: VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58/VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is required to obtain or retain benefits. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

RESPONDENT BURDEN: We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 30 minutes to review the instructions, find the information, and complete the form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at [www.reginfo.gov/public/do/PRAMain](http://www.reginfo.gov/public/do/PRAMain). If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.