

**INTERNAL VETERANS AFFAIRS USE  
BACK (THORACOLUMBAR SPINE) CONDITIONS  
DISABILITY BENEFITS QUESTIONNAIRE**

**IMPORTANT** - THE DEPARTMENT OF VETERANS AFFAIRS (VA) **WILL NOT PAY** OR **REIMBURSE** ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. PLEASE READ THE PRIVACY ACT AND RESPONDENT BURDEN INFORMATION ON REVERSE BEFORE COMPLETING FORM.

NAME OF PATIENT/VETERAN

PATIENT/VETERAN'S SOCIAL SECURITY NUMBER

**NOTE TO PHYSICIAN** - Your patient is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the Veteran's claim.

IS THIS QUESTIONNAIRE BEING COMPLETED IN CONJUNCTION WITH A VA 21-2507, C&amp;P EXAMINATION REQUEST?

 YES  NO

How was the examination completed (check all that apply)?

- In-person examination
- Records reviewed
- Examination via approved video telehealth
- Other, please specify in comments box:

Comments:

**ACCEPTABLE CLINICAL EVIDENCE (ACE)**

INDICATE METHOD USED TO OBTAIN MEDICAL INFORMATION TO COMPLETE THIS DOCUMENT:

- Review of available records (without in-person or video telehealth examination) using the Acceptable Clinical Evidence (ACE) process because the existing medical evidence provided sufficient information on which to prepare the questionnaire and such an examination will likely provide no additional relevant evidence.
- Review of available records in conjunction with an interview with the Veteran (without in-person or telehealth examination) using the ACE process because the existing medical evidence supplemented with an interview provided sufficient information on which to prepare the questionnaire and such an examination would likely provide no additional relevant evidence.

**EVIDENCE REVIEW**

EVIDENCE REVIEWED (check all that apply):

- Not requested
- VA claims file (hard copy paper C-file)
- VA e-folder
- CPRS
- Other (please identify other evidence reviewed):
- No records were reviewed

EVIDENCE COMMENTS:

**SECTION I - DIAGNOSIS**

1A. DOES THE VETERAN NOW HAVE OR HAS HE/SHE EVER BEEN DIAGNOSED WITH A THORACOLUMBAR SPINE (*back*) CONDITION?

Yes  No

1B. IF YES, PROVIDE ONLY DIAGNOSES THAT PERTAIN TO THORACOLUMBAR SPINE (BACK) CONDITIONS:

*FURTHER INSTRUCTIONS:* Enter specific diagnosis in diagnosis box(s) with ICD Code and Date of diagnosis

<input type="checkbox"/> Ankylosing spondylitis	ICD Code: _____	Date of diagnosis: _____	<input type="checkbox"/> Segmental instability	ICD Code _____	Date of diagnosis: _____
<input type="checkbox"/> Lumbosacral strain	ICD Code: _____	Date of diagnosis: _____	<input type="checkbox"/> Spinal fusion	ICD Code _____	Date of diagnosis: _____
<input type="checkbox"/> Degenerative arthritis of the spine	ICD Code: _____	Date of diagnosis: _____	<input type="checkbox"/> Spinal stenosis	ICD Code _____	Date of diagnosis: _____
<input type="checkbox"/> Intervertebral disc syndrome	ICD Code: _____	Date of diagnosis: _____	<input type="checkbox"/> Spondylolisthesis	ICD Code _____	Date of diagnosis: _____
<input type="checkbox"/> Sacroiliac injury	ICD Code _____	Date of diagnosis: _____	<input type="checkbox"/> Vertebral dislocation	ICD Code _____	Date of diagnosis: _____
<input type="checkbox"/> Sacroiliac weakness	ICD Code _____	Date of diagnosis: _____	<input type="checkbox"/> Vertebral fracture	ICD Code _____	Date of diagnosis: _____

1C. IF THERE ARE ADDITIONAL DAIGNOSES PERTAINING TO THORACOLUMBAR SPINE (*back*) CONDITIONS, LIST USING ABOVE FORMAT:

**SECTION II - MEDICAL HISTORY**

2A. DESCRIBE THE HISTORY (*including onset and course*) OF THE VETERAN'S THORACOLUMBAR SPINE (*back*) CONDITION (*brief summary*):

2B. DOES THE VETERAN REPORT FLARE-UPS OF THE THORACOLUMBAR SPINE (*back*)?

YES  NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF FLARE-UPS IN HIS OR HER OWN WORDS:

2C. DOES THE VETERAN REPORT HAVING ANY FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT OF THE THORACOLUMBAR SPINE (*back*) (*regardless of repetitive use*)?

YES  NO

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF FUNCTIONAL LOSS OR FUNCTIONAL IMPAIRMENT IN HIS OR HER OWN WORDS:

**SECTION III - INITIAL RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATIONS**

There are several separate parameters requested for describing function of a joint. The question of "Does this ROM contribute to a functional loss" asks if there is a functional loss that can be ascribed to any documented loss of range of motion and unlike later questions, does not take into account the numerous other factors to be considered.

Subsequent questions take into account additional factors such as pain, fatigue, weakness, lack of endurance or incoordination. If there is pain noted on examination, it is important to understand whether or not that pain itself contributes to functional loss. Ideally a claimant would be seen immediately after that repetitive use over time or during a flare up, however, this is not always feasible.

Information regarding joint function is broken up into two subsets. First is based on repetitive use and the second functional loss associated with flare ups. The repetitive use section initially asks for objective findings after three or more repetitions of ranges of motion testing. The second portion provides a more global picture of functional loss associated with repetitive use over time. The latter takes into account medical probability of additional functional loss as a global view, taking into account not only on the objective findings noted on the examination but also the subjective history provided by the claimant as well as review of available medical evidence.

Optimally, description of any additional loss of function should be provided as what the degrees range of motion would be opined to look like in these given scenarios. However, when this is not feasible, a clear as possible description of that loss should be provided. This same information (minus the three repetitions) is asked to be provided with regards to flare ups.

**SECTION III - INITIAL RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATIONS (Continued)**

**3A. INITIAL RANGE OF MOTION**

- All Normal                       Unable to test (please explain)      If "Unable to test" or "Not indicated", please explain:  
 Abnormal or outside of normal range       Not indicated (please explain)

Forward Flexion (0-90): \_\_\_\_\_ to \_\_\_\_\_ degrees                      Left Lateral Flexion (0-30): \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Extension (0-30): \_\_\_\_\_ to \_\_\_\_\_ degrees                                  Right Lateral Rotation (0-30): \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Right Lateral Flexion (0-30): \_\_\_\_\_ to \_\_\_\_\_ degrees                      Left Lateral Rotation (0-30): \_\_\_\_\_ to \_\_\_\_\_ degrees

If ROM is outside of "normal" range, but is normal for the Veteran (for reasons other than a back condition, such as age, body habitus, neurologic disease), please describe:

If abnormal, does the range of motion itself contribute to a functional loss?  
 Yes    No  
 If yes, please explain:

<p align="center">Description of Pain <i>(select the best response):</i></p> <input type="checkbox"/> No pain noted on exam <input type="checkbox"/> Pain noted on exam on rest / non-movement <input type="checkbox"/> Pain noted on exam but does not result in / cause functional loss <input type="checkbox"/> Pain noted on examination and causes functional loss	<p align="center">If noted on examination, which ROM exhibited pain <i>(select all that apply):</i></p> <input type="checkbox"/> Forward Flexion <input type="checkbox"/> Left Lateral Flexion <input type="checkbox"/> Extension <input type="checkbox"/> Right Lateral Rotation <input type="checkbox"/> Right Lateral Flexion <input type="checkbox"/> Left Lateral Rotation	<p align="center">Is there objective evidence of localized tenderness or pain on palpation of the joint or associated soft tissue of the thoracolumbar spine (back)?      <input type="checkbox"/> Yes      <input type="checkbox"/> No</p> <p>If yes, describe include location, severity, and relationship to condition(s).</p>
<p align="center">Is there evidence of pain with weight bearing? <input type="checkbox"/> Yes   <input type="checkbox"/> No</p>		

**3B. OBSERVED REPETITIVE USE**

<p>Is the Veteran able to perform repetitive-use testing with at least three repetitions?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, perform repetitive-use testing If no, please provide reason:	<p>Is there additional loss of function or range of motion after three repetitions?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, report ROM after a minimum of 3 repetitions. If no, documentation of ROM after repetitive-use testing is not required.	<p align="center">ROM after 3 repetitions:</p> <table style="width:100%; border-collapse: collapse;"> <tr> <td style="width:60%;">Forward Flexion (0-90):</td> <td style="width:40%;">_____ to _____</td> </tr> <tr> <td>Extension (0-30):</td> <td>_____ to _____</td> </tr> <tr> <td>Right Lateral Flexion (0-30):</td> <td>_____ to _____</td> </tr> <tr> <td>Left Lateral Flexion (0-30):</td> <td>_____ to _____</td> </tr> <tr> <td>Right Lateral Rotation (0-30):</td> <td>_____ to _____</td> </tr> <tr> <td>Left Lateral Rotation (0-30):</td> <td>_____ to _____</td> </tr> </table>	Forward Flexion (0-90):	_____ to _____	Extension (0-30):	_____ to _____	Right Lateral Flexion (0-30):	_____ to _____	Left Lateral Flexion (0-30):	_____ to _____	Right Lateral Rotation (0-30):	_____ to _____	Left Lateral Rotation (0-30):	_____ to _____
Forward Flexion (0-90):	_____ to _____													
Extension (0-30):	_____ to _____													
Right Lateral Flexion (0-30):	_____ to _____													
Left Lateral Flexion (0-30):	_____ to _____													
Right Lateral Rotation (0-30):	_____ to _____													
Left Lateral Rotation (0-30):	_____ to _____													

Select all factors that cause this functional loss:       N/A    Pain    Fatigue    Weakness    Lack of endurance    Incoordination

**3C. REPEATED USE OVER TIME**

<p>Is the Veteran being examined immediately after repetitive use over time?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No	<p>If the examination is <b>not</b> being conducted immediately after repetitive use over time:</p> <input type="checkbox"/> The examination is medically consistent with the Veteran's statements describing functional loss with repetitive use over time. <input type="checkbox"/> The examination is medically inconsistent with the Veteran's statements describing functional loss with repetitive use over time. <input type="checkbox"/> The examination is neither medically consistent or inconsistent with the Veteran's statements describing functional loss with repetitive use over time.	<p>If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:</p>
--	--	---

Does pain, weakness, fatigability or incoordination significantly limit functional ability with repeated use over a period of time?  
 Yes    No    Unable to say without mere speculation

If unable to say without mere speculation, please explain:

**SECTION III - INITIAL RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATIONS (Continued)**

**3C. REPEATED USE OVER TIME (continued)**

Select all factors that cause this functional loss:     N/A     Pain     Fatigue     Weakness     Lack of endurance     Incoordination

Are you able to describe in terms of Range of Motion?     Yes     No

If no, please describe:

Forward Flexion (0-90):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Extension (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Right Lateral Flexion (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Left Lateral Flexion (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Right Lateral Rotation (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Left Lateral Rotation (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees

**3D. FLARE UPS**

Is the examination being conducted during a flare up?

Yes  
 No

If the examination is **not** being conducted during a flare up:

- The examination is medically consistent with the Veteran's statements describing functional loss during flare up.
- The examination is medically inconsistent with the Veteran's statements describing functional loss during flare up. Please explain.
- The examination is neither medically consistent or inconsistent with the Veteran's statements describing functional loss during flare up.

If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:

Does pain, weakness, fatigability or incoordination significantly limit functional ability with flare ups?

Yes     No     Unable to say without mere speculation

If unable to say without mere speculation, please explain:

Select all factors that cause this functional loss:     N/A     Pain     Fatigue     Weakness     Lack of endurance     Incoordination

Are you able to describe in terms of Range of Motion?     Yes     No

If no, please describe:

Forward Flexion (0-90):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Extension (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Right Lateral Flexion (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Left Lateral Flexion (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Right Lateral Rotation (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees  
 Left Lateral Rotation (0-30):    \_\_\_\_\_ to \_\_\_\_\_ degrees

**3E. GUARDING AND MUSCLE SPASM**

DOES THE VETERAN HAVE GUARDING OR MUSCLE SPASM OF THE THORACOLUMBAR SPINE (*back*)?

YES     NO

MUSCLE SPASM:

- NONE
- RESULTING IN ABNORMAL GAIT OR ABNORMAL SPINE CONTOUR
- NOT RESULTING IN ABNORMAL GAIT OR ABNORMAL SPINAL CONTOUR
- UNABLE TO EVALUATE, DESCRIBE BELOW:

PROVIDE DESCRIPTION AND/OR ETIOLOGY:

**SECTION III - INITIAL RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATIONS (Continued)**

3E. GUARDING AND MUSCLE SPASM (continued)

GUARDING

- NONE
- RESULTING IN ABNORMAL GAIT OR ABNORMAL SPINE CONTOUR
- NOT RESULTING IN ABNORMAL GAIT OR ABNORMAL SPINAL CONTOUR
- UNABLE TO EVALUATE, DESCRIBE BELOW:

PROVIDE DESCRIPTION AND/OR ETIOLOGY:

3F. ADDITIONAL FACTORS CONTRIBUTING TO DISABILITY

In addition to those addressed above, are there additional contributing factors of disability? Please select all that apply and describe:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> None  | <input type="checkbox"/> Swelling               | <input type="checkbox"/> Disturbance of locomotion  |
| <input type="checkbox"/> Less movement than normal due to ankylosis, limitation or blocking, adhesions, etc. | <input type="checkbox"/> Deformity              | <input type="checkbox"/> Interference with sitting  |
| <input type="checkbox"/> More movement than normal due to flail joints, fracture nonunion, etc.              | <input type="checkbox"/> Atrophy of disuse      | <input type="checkbox"/> Interference with standing |
| <input type="checkbox"/> Weakened movement due to muscle or of peripheral nerves injury, etc.                | <input type="checkbox"/> Instability of station |   |
| <input type="checkbox"/> Other, describe:  |   |   |

Please describe additional contributing factors of disability:

**SECTION IV - MUSCLE STRENGTH TESTING**

4A. MUSCLE STRENGTH - RATE STRENGTH ACCORDING TO THE FOLLOWING SCALE:

- 0/5 No muscle movement
- 1/5 Palpable or visible muscle contraction, but no joint movement
- 2/5 Active movement with gravity eliminated
- 3/5 Active movement against gravity
- 4/5 Active movement against some resistance
- 5/5 Normal strength

Side	Flexion/Extension	Rate Strength	Flexion/Extension	Rate Strength	Side	Flexion/Extension	Rate Strength	Flexion/Extension	Rate Strength
RIGHT	Hip Flexion	/5	Ankle Dorsiflexion	/5	LEFT	Hip Flexion	/5	Ankle Dorsiflexion	/5
	Knee Extension	/5	Great Toe Extension	/5		Knee Extension	/5	Great Toe Extension	/5
	Ankle Plantar Flexion	/5				Ankle Plantar Flexion	/5		

4B. DOES THE VETERAN HAVE MUSCLE ATROPHY?

- YES    NO

IF MUSCLE ATROPHY IS PRESENT, INDICATE LOCATION:

PROVIDE MEASUREMENTS IN CENTIMETERS OF NORMAL SIDE AND ATROPHIED SIDE, MEASURED AT MAXIMUM MUSCLE BULK.

NORMAL SIDE: \_\_\_\_\_ CM      ATROPHIED SIDE: \_\_\_\_\_ CM

**SECTION V - REFLEX EXAM**

5. RATE DEEP TENDON REFLEXES (DTRs) ACCORDING TO THE FOLLOWING SCALE:

0 Absent					
1+ Hypoactive	RIGHT:	KNEE:	+	ANKLE:	+
2+ Normal					
3+ Hyperactive without clonus	LEFT:	KNEE:	+	ANKLE:	+
4+ Hyperactive with clonus					

**SECTION VI - SENSORY EXAM**

6. PROVIDE RESULTS FOR SENSATION TO LIGHT TOUCH (*dermatome*) TESTING:

Side	Upper Anterior Thigh (L2)	Thigh/Knee (L3/4)	Lower Leg/Ankle (L4/L5/S1)	Foot/Toes (L5)
RIGHT	<input type="checkbox"/> Normal <input type="checkbox"/> Decreased <input type="checkbox"/> Absent	<input type="checkbox"/> Normal <input type="checkbox"/> Decreased <input type="checkbox"/> Absent	<input type="checkbox"/> Normal <input type="checkbox"/> Decreased <input type="checkbox"/> Absent	<input type="checkbox"/> Normal <input type="checkbox"/> Decreased <input type="checkbox"/> Absent
LEFT	<input type="checkbox"/> Normal <input type="checkbox"/> Decreased <input type="checkbox"/> Absent	<input type="checkbox"/> Normal <input type="checkbox"/> Decreased <input type="checkbox"/> Absent	<input type="checkbox"/> Normal <input type="checkbox"/> Decreased <input type="checkbox"/> Absent	<input type="checkbox"/> Normal <input type="checkbox"/> Decreased <input type="checkbox"/> Absent

OTHER SENSORY FINDINGS, IF ANY:

**SECTION VII - STRAIGHT LEG RAISING TEST**

**NOTE:** This test can be performed with the Veteran seated or supine. Raise each straightened leg until pain begins, typically at 30-70 degrees of elevation. The test is positive if the pain radiates below the knee, not merely limited to the back or hamstring muscles. Pain is often increased on dorsiflexion of the foot, and relieved by knee flexion. A positive test suggests radiculopathy, often due to disc herniation.

7. PROVIDE STRAIGHT LEG RAISING TEST RESULTS:

RIGHT:     NEGATIVE     POSITIVE     UNABLE TO PERFORM  
 LEFT:     NEGATIVE     POSITIVE     UNABLE TO PERFORM

**SECTION VIII - RADICULOPATHY**

DOES THE VETERAN HAVE RADICULAR PAIN OR ANY OTHER SIGNS OR SYMPTOMS DUE TO RADICULOPATHY?

YES     NO

IF YES, COMPLETE THE FOLLOWING SECTION:

8A. INDICATE SYMPTOMS' LOCATION AND SEVERITY (*check all that apply*):

CONSTANT PAIN (MAY BE EXCRUCIATING AT TIMES)	Right lower extremity: <input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe Left lower extremity: <input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
INTERMITTENT PAIN (USUALLY DULL)	Right lower extremity: <input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe Left lower extremity: <input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
PARESTHESIAS AND/OR DYSESTHESIAS	Right lower extremity: <input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe Left lower extremity: <input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
NUMBNESS	Right lower extremity: <input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe Left lower extremity: <input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe

8B. DOES THE VETERAN HAVE ANY OTHER SIGNS OR SYMPTOMS OF RADICULOPATHY?

YES     NO

IF YES, DESCRIBE:

**SECTION VIII - RADICULOPATHY (Continued)**

8C. INDICATE NERVE ROOTS INVOLVED (check all that apply):

- INVOLVEMENT OF L2/L3/L4 NERVE ROOTS (*femoral nerve*)  
If checked, indicate side affected:  Right  Left  Both
- INVOLVEMENT OF L4/L5/S1/S2/S3 NERVE ROOTS (*sciatic nerve*)  
If checked, indicate side affected:  Right  Left  Both
- OTHER NERVES (*specify nerve and side(s) affected*):  
If checked, indicate side affected:  Right  Left  Both

8D. INDICATE SEVERITY OF RADICULOPATHY AND SIDE AFFECTED:

**NOTE:** For VA purposes, when the involvement is wholly sensory, the evaluation should be for the mild, or at the most, the moderate degree.

- Right:  Not affected  Mild  Moderate  Severe  
Left:  Not affected  Mild  Moderate  Severe

**SECTION IX - ANKYLOSIS**

9. IS THERE ANKYLOSIS OF THE SPINE?

- YES  NO
- Unfavorable ankylosis of the entire spine  
 Unfavorable ankylosis of the entire thoracolumbar spine  
 Favorable ankylosis of the entire thoracolumbar spine

**SECTION X - OTHER NEUROLOGIC ABNORMALITIES**

10. DOES THE VETERAN HAVE ANY OTHER NEUROLOGIC ABNORMALITIES OR FINDINGS RELATED TO A THORACOLUMBAR SPINE (*back*) CONDITION (*such as bowel or bladder problems/pathologic reflexes*)?

- YES  NO

IF YES, DESCRIBE CONDITION AND HOW IT IS RELATED:

**NOTE:** If there are neurological abnormalities other than Radiculopathy, ALSO complete appropriate Questionnaire for each condition identified.

**SECTION XI - INTERVERTEBRAL DISC SYNDROME (IVDS) AND EPISODES REQUIRING BED REST**

**NOTE:** IVDS is a group of signs and symptoms due to nerve root irritation that commonly includes back pain and sciatica (pain along the course of the sciatic nerve) in the case of lumbar disc disease, and neck and arm or hand pain in the case of cervical disc disease.

11A. DOES THE VETERAN HAVE IVDS OF THE THORACOLUMBAR SPINE?

- YES  NO

11B. IF YES TO QUESTION 11A ABOVE, HAS THE VETERAN HAD ANY EPISODES OF ACUTE SIGNS AND SYMPTOMS DUE TO IVDS THAT REQUIRED BED REST PRESCRIBED BY A PHYSICIAN AND TREATMENT BY A PHYSICIAN IN THE PAST 12 MONTHS?

- YES  NO

IF YES SELECT THE TOTAL DURATION OVER THE PAST 12 MONTHS:

- With no episodes of bed rest during the past 12 months  
 With episodes of bed rest having a total duration of at least 1 week but less than 2 weeks during the past 12 months  
 With episodes of bed rest having a total duration of at least 2 weeks but less than 4 weeks during the past 12 months  
 With episodes of bed rest having a total duration of at least 4 weeks but less than 6 weeks during the past 12 months  
 With episodes of bed rest having a total duration of at least 6 weeks during the past 12 months

11C. IF YES TO QUESTION 11B ABOVE, PROVIDE THE FOLLOWING DOCUMENTATION THAT SUPPORTS THE "YES" RESPONSE:

- MEDICAL HISTORY AS DESCRIBED BY THE VETERAN ONLY, WITHOUT DOCUMENTATION:

- MEDICAL HISTORY AS SHOWN AND DOCUMENTED IN THE VETERAN'S FILE:  
INDIVIDUAL DATE(S) OF EACH TREATMENT RECORD(S) REVIEWED:

**SECTION XI - INTERVERTEBRAL DISC SYNDROME (IVDS) AND EPISODES REQUIRING BED REST (Continued)**

FACILITY/PROVIDER:

DESCRIBE TREATMENT:

OTHER, DESCRIBE:

**SECTION XII - ASSISTIVE DEVICES**

12A. DOES THE VETERAN USE ANY ASSISTIVE DEVICES AS A NORMAL MODE OF LOCOMOTION, ALTHOUGH OCCASIONAL LOCOMOTION BY OTHER METHODS MAY BE POSSIBLE?

YES  NO IF YES, IDENTIFY ASSISTIVE DEVICES USED (*check all that apply and indicate frequency*):

<input type="checkbox"/> Wheelchair	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Brace	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Crutches	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Cane	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Walker	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant
<input type="checkbox"/> Other: _____	Frequency of use:	<input type="checkbox"/> Occasional	<input type="checkbox"/> Regular	<input type="checkbox"/> Constant

12B. IF THE VETERAN USES ANY ASSISTIVE DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION:

**SECTION XIII - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES**

13. DUE TO THE VETERAN'S THORACOLUMBAR SPINE (*back*) CONDITION, IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTION REMAINS OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROSTHESIS? (*Functions of the upper extremity include grasping, manipulation, etc.; functions for the lower extremity include balance and propulsion, etc.*)

YES, FUNCTIONING IS SO DIMINISHED THAT AMPUTATION WITH PROSTHESIS WOULD EQUALLY SERVE THE VETERAN.  
 NO

IF YES, INDICATE EXTREMITIES FOR WHICH THIS APPLIES:  RIGHT LOWER  LEFT LOWER

FOR EACH CHECKED EXTREMITY, IDENTIFY THE CONDITION CAUSING LOSS OF FUNCTION, DESCRIBE LOSS OF EFFECTIVE FUNCTION AND PROVIDE SPECIFIC EXAMPLES (*brief summary*):

**NOTE:** The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis, the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.

**SECTION XIV - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS AND SCARS**

14A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS RELATED TO ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

YES  NO

IF YES, DESCRIBE (*brief summary*):



**SECTION XIV - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS AND SCARS (Continued)**

14B. DOES THE VETERAN HAVE ANY SCARS (*surgical or otherwise*) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

YES  NO

IF YES, ARE ANY OF THESE SCARS PAINFUL OR UNSTABLE; HAVE A TOTAL AREA EQUAL TO OR GREATER THAN 39 SQUARE CM (*6 square inches*); OR ARE LOCATED ON THE HEAD, FACE OR NECK? (*An "unstable scar" is one where, for any reason, there is frequent loss of covering of the skin over the scar.*)

YES  NO

IF YES, ALSO COMPLETE VA FORM 21-0960F-1, SCARS/DISFIGUREMENT.

IF NO, PROVIDE LOCATION AND MEASUREMENTS OF SCAR IN CENTIMETERS.

LOCATION: \_\_\_\_\_ MEASUREMENTS: length \_\_\_\_\_ cm X width \_\_\_\_\_ cm.

**NOTE:** If there are multiple scars, enter additional locations and measurements in Comment section below. It is not necessary to also complete a Scars DBQ.

14C. COMMENTS, IF ANY:

**SECTION XV - DIAGNOSTIC TESTING**

**NOTE:** The diagnosis of degenerative arthritis (osteoarthritis) or traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, no further imaging studies are required by VA, even if arthritis has worsened.

Imaging studies are not required to make the diagnosis of IVDS; Electromyography (EMG) studies are rarely required to diagnose radiculopathy in the appropriate clinical setting.

For purposes of this examination, the diagnoses of IVDS and radiculopathy can be made by a history of characteristic radiating pain and/or sensory changes in the legs, and objective clinical findings, which may include the asymmetrical loss or decrease of reflexes, decreased strength and/or abnormal sensation.

15A. HAVE IMAGING STUDIES OF THE THORACOLUMBAR SPINE BEEN PERFORMED AND ARE THE RESULTS AVAILABLE?

YES  NO

IF YES, IS ARTHRITIS DOCUMENTED?

YES  NO

15B. DOES THE VETERAN HAVE A THORACIC VERTEBRAL FRACTURE WITH LOSS OF 50 PERCENT OR MORE OF HEIGHT?

YES  NO

15C. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS OR RESULTS?

YES  NO IF YES, PROVIDE TYPE OF TEST OR PROCEDURE, DATE AND RESULTS (*brief summary*):

**SECTION XVI - FUNCTIONAL IMPACT**

16. DOES THE VETERAN'S THORACOLUMBAR SPINE (BACK) CONDITION IMPACT HIS OR HER ABILITY TO WORK?

YES  NO IF YES, DESCRIBE THE IMPACT OF EACH OF THE VETERAN'S THORACOLUMBAR SPINE (BACK) CONDITIONS, PROVIDING ONE OR MORE EXAMPLES:

**SECTION XVII - REMARKS, IF ANY:**

17. REMARKS, IF ANY:

**SECTION XVIII - PHYSICIAN'S CERTIFICATION AND SIGNATURE**

**CERTIFICATION** - To the best of my knowledge, the information contained herein is accurate, complete and current.

18A. PHYSICIAN'S SIGNATURE

18B. PHYSICIAN'S PRINTED NAME

18C. DATE SIGNED

18D. PHYSICIAN'S PHONE NUMBER

18E. NATIONAL PROVIDER IDENTIFIER (NPI) NUMBER

18F. MEDICAL LICENSE AND STATE NUMBER

18G. PHYSICIAN'S ADDRESS